



ICAWA YASETHETSHI
YAMAMZANTSİ E-AFRIKA
IDIOCESE YASEKAPA

“UKUPHULAPHULA, UKUCINGA NZULU, NOKUTHANDAZA KUNYE”

INCOKO YESINI SOMNTU >NOKUZAZI



INYANGA YEMFESANE
AGASTI 2024



ISINIKEZELO

Befundisi abathandekayo, kunye namaRhamente

Kwi- Sinodi ye-Dayosisi yethu yakutshanje ka-2024, kwathathwa isigqibo sokuba iiparish ziqhubeke nengxoxo-mpikiswano malunga ***neNkonzo kuBantu abathandana besisini esinye.*** Ukususela ngoko kuye kwasekwia ikomiti yokusebnza , eququzelela ukuphunyezwa kwesi sigqibo, kwaye ivele nezikhokelo kwiiparish *kuleNyanga yeMfesane yeThupha*.

Kule nyanga iingxoxa zakube zижолise kukuphulaphula nokuphawula kunye nengxoxo, njengoko sakuba sisiva amabali awohlukeneyo, neembono, kunye namava ngesini somntu kunye nendlela abantu abazichaza ngayo kuluntu lwethu.

Kwiiveki ezine kule yeThupha, injongo yethu kuku zibandakanya kwingxoxo ngezi zihloko zilandelayo:

Iveki 1: *Imibuzo ngemiba yesini somntu*

Iveki 2: *Ukuzichaza isini - ifuthe loko kusapho*

Iveki 3: *Ubudlelane bothandano*

Iveki 4: *Ubomi kunye, ekwahlukeni*

Kwiveki nganye kuya kusetyenziswa i-vidiyo ebonisa amava awohlukeneyo ngokwe sihloko esikhethiwego, ekuya kwabelwana ngazo ngamalungu akhethiwego. Le vidiyo iya kulandelwa sisishwankathelo esikhokhelela kwingxoxo eza kusikhokelela kwiseshoni yengxoxo. Singathanda ukuba iiParishes zenze ithuba loku ngexesha lenkonzo (malunga nemizuzu ye-7) yokucinga ngevidiyo.

Emva koko sicela ukuba kubekho iseshoni yengxoxo ngeveki (*emin okanye ngokuhlwa ngokwemeko ye-parish*), ukuze amalungu e-parish ahlangane ukuze axoxe, ngezimvo ezithe zavela kwiveki nganye. Ezi seshoni akufuneki zibe ngaphezu kwe mizuz engama 90.

Izinto ezisetyenziswa kule ncwadana yezixhobo zengxoxo , zisetyenziswa ngemvume evela kwiCawa yaseTshetshi e Ngilani , zalungiselelwe ukusetyenziswa kwiDayosisi yethu, ngenxa yokubona okokuba sikhimeko enye nabazalwana noDade bethu kwamanye amazwe ukufuna isitya emnyameni sokusombulula intsinda-badala yokukhonza omnye noxa ungafani ngakumbi ngendlela esizibona ngayo ngokwesini.



Injongo yale nkqubo yeNyanga yemfesane kukuba iDiocese imisele indlela enokukhonzana sishumayezane kwingakumbi i-LGBTQIA+ ekhoyo kumalungu ethu. Le ncwadana yenzelwe ukuvula ithuba elaneleyo lokuxoxisana ngezi zinto zibalulekileyo zimalunga nesini sabantu jikelele.

Kubalulekile ukuba abathathi-nxaxheba kwezi ncoko bathethe ngokukhululekileyo benyanisekile futhi ngeembono zabo, kananjalo bavuleleke kwaye bamkele ukuva ezinye izimvo ezohlukeneyo kumba omnye. Oku kuyakwenza okokuba kwezi ngxoxo siphume nombono ocacileyo wendlela esingahamba kunye ngayo njengoMzimba ka Krestu.

Kubalulekile ukuba ezi seshoni ziququzelelwe kakuhle, njengokubamba ndawonye zonke iimbono ezahlukeneyo kunye nemibono kwiiparish ezahlukeneyo zeeparish zethu, ukuze ekugqibeleni sifumane ingxelo yokwenene kwiiparish zethu ukuze sikwazi ukwazi ingqondo yeDayosisi yethu ngeli xesha kwimiba ephathelele kwisini soMntu. I-parish nganye iyacelwa ukuba ibe nababhalu kunye nomququzeleli wale nkqubo, oya kuba ngumntu wokunxibelelana ukufumana ingxelo kunye nokubamba abathathi-nxaxheba ngenjongo kuyo yonke le nkqubo.

Ndiyabongoza ukuba zonke iiparish zigcine le nkqubo kwimithandazo yazo, kwaye okona kubaluleke kakhulu kukhuthaze ukuthatha inxaxheba ngokupheleleyo ngawo onke amarhamente, njengoko eli linyathelo elibalulekileyo ukuba icawa ithathe ukulungiselela naziphi na ezinye iingxoxo kunye nezigqibo eziza kufuneka zithathwe kwimiba yesini soluntu kwixesha elizayo.

Ndijonge phambili kwimpendulo kwaye ndikunqwenelela okuhle njengoko nizibandakanya omnye nomnye kule nto kwiiveki ezizayo.

Owenu ngokunyanisekileyo,

**Obekekileyo UMfundisi Joshua Louw
UBishop we-Table Bay**



IZIBOPHELELO

Ekufundi nasekuhlanganeni kwethu sizibophelela :

- ukubambana phambi koThixo ngomthandazo
- ukuthandazela ubukho nesikhokelo soMoya oyiNgcwele kuzo zonke iincoko zethu
- ukufunda iZibhalo kunye, sifundisana
- ukwenza wonke umntu athethe
- ukunika ithuba kwabo izimvo zabo azigekaviwa ukuba babe negalelo – kodwa singabagqakri ukuba abanqweneli ukuthetha, bangaphazamisi itetho yabanye , endaweni yoko bamnkele igalelo labanye phambi kokuba babeke ezabo izimvo.
- ukuzigcina ziylimfihlo izinto ezinxulumene nabantu ekuthe kwabelwana ngazo
- ukulumkela indlela esithetha ngayo ngabanye abangekhyo
- ukulumkela ukukhathaza abanye ngokwasemphefumlweni xa sithetha
- ukuzinika ixesha lokucinga phambi kokuba sabelane ngezimvo zethu
- ukuthatha ixesha njengeqela, ukunikana ithuba lokuthetha ukuba kukho nantoni na kwingxoxo, ubani afumana ubunzima ukuyiqonda okanye indlela yokuyithetha.
- ukufunda kunye indlela esinokuphila ngayo ngokuzeleyo kwindlela kaKristu.

*Isiqhamo soMoya luthando, uvuyo, uxolo, umonde,
ububele, isisa, ukuthembeka, ukuthantamisa nokuzeleyisa.*

Akukho mthetho uchasene nezinto ezinjalo.

(Kuma-Galati 5: 22-23)



ISESHONI 1

Ukufunda Kunye: Imiba kunye nemibuzo malunga nesini somntu

linjongo zale seshoni:

- ukuzazisa kwiqela lethu futhi sazane ngcono
 - sijonge indlela esinokwenza ukuba ukuba lengxoxo yethu ikhuseleke ukuze sikwazi ukufunda kunye.
 - ukuvumelana okokuba imiba yobuni siyiqonda ngeendlela ezohlukeneyo
 - ukuphulaphula nokuqonda imibuzo abanye abajamelana nayo kwindlela yethu yokufuna isikhokhelo esivela ku Thixo kwiCawe yethu kumbandela wobuni bomntu kunye nesini esifanayo
 - njengabafundi bakaYesu, ukufunda omnye komnye njengoko sifunda kuKristu indlela yokubambana kwimizabalazo yexesha lethu.
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UMTHANDAZO WOKUVULA

Sebenzisa lo mthandazo okanye enye indlela ukuze uhlanganisane phambi koThixo.

**Moya oyiNgcwele,
Mniki wokukhanya nobomi,
sinike iingcinga eziphakamileyo kuneengcinga zethu,
nemithandazo elunge ngakumbi kunemithandazo yethu,
namandla angaphaya kwamandla ethu
ukuze sichithe kwaye sichithwe
ngeendlela zothando nokulunga,
emva komfanekiso ogqibeleyo
yeNkosi noMsindisi wethu uYesu Kristu.**

Amen.

*Ukusuka kwi-Daily Prayer (1941)
Ihlelwe ngu-Eric Milner-White no GW Briggs*

INTSHAYELELO: UKUFUNDA KUNYE NGOTHANDO NANGOKHOLO

**“Mayela nothando olu lobuzalwana, ndithi yenzelanani ububele,
mayela nembeko leyo, phangelelanani”**

Roma 12:10

Izihloko esiza kuzihlola zisichaphazela sonke – nangona sinokusondela kuzo ngokwahlukileyo. Ngoko siya kucinga ngendlela esinokufunda ngayo kunye kakuhle, samkelane njengabalandeli bakaKristu.

NjengeCawe, kwaye njengabantu ngokubanzi, asisoloko silungile ekwenzeni oku. Akukho ndlela itheni, namava omntu wonke, nawe Cawe yethu, kunye nemiceli mngeni eyahlukaneyo yobomi, azifanayo.

Noxa kunjalo sidinga ukuqinisekiswa okokuba eli lithuba lokuba sithethe ngokukhulelekileyo, ngembeko, nangothando omnye komnye. Oku kuya funa okokuba sisuke kwiindlela zokuthetha nokuziphatha ezonzakalisayo nezibangela okokuba singamva ukuba uThixo uthini na kuthi. Kuya



kubandakanya ukuzibophelela ngokutsha kwiindlela ezingcono zokunxulumana, ukufunda, nokuxoxa kunye.

Ukusinceda senze oku, makhe sicinge ngale '*Migaqo yoku Fundisa ukunceda nokucebisa ukuphila kakuhle kunye*'. Injongo yayo kukunceda uluntu lweCawe ukuba luholisise kabutsha ubomi balo kunye xa lujamelene neyantlukwano.

<i>Le migaqo Yenkathalo Yokuphila Kakuhle Kunye iya kusinceda</i>	
<i>... ukunceda ukungazi</i>	<p><i>ngokufunda kunye malunga nobuthina, isini, ubudlelwane nomtshato nanjengoko sibizelwe ukuthembeka kwizibhalo nakwizithethi zeCawe yethu.</i></p> <p><i>ngokufunda kunye nabantu abanembono namava awohlukenenyo malunga nokuzazisa ngokwesini, iimbono, kunye namava aphilileyo ngokunxulumene nobuthina, ubuni, ubudlelwane, kunye nomtshato.</i></p>
<i>...ukuvuma ugweba oku ngenazizathu</i>	<p><i>ngokwamkela abantu njengabo, ukubathanda ngaphandle kwemiqathango, nokufuna ukubona uKristu kubo;</i></p> <p><i>ngokucingisia nzulu ngesimo sethu sengqondo nokuziphatha kwethu ukuze kukhuliswe ukuqonda nokuhlonipha phakathi kwabantu abangavumelaniyo.</i></p>
<i>...ukuvuma uhanahaniso</i>	<p><i>ukunqanda ukugxeka ezinye indlala zokuziphatha nezimvo ezithile ngelixa uzamkela ezinye ezikwafana nazo. sikhumbula okokuba sonke sibuthathaka, sinempazamo sophukile sidinga ubabalo luka Thixo. Ngokufunda omnye komnye ngomceli mngeni wokuphila ubomi obuNgcwele nobubanzi benceba kuThixo ongcwele. Ukuphila kunye nobubanzi benceba kaThixo njengoko uMoya oNgcwele ukuthi naphakathi kwethu.</i></p>



<p>... ukulahla ngaphandle kolo yiko</p>	<p><i>Ukuphila nokukhombisa uthando olugqibeleleyo nakwimeko zeyantlukwano sisuse ukoyika ukungavumelani;</i></p> <p><i>Ukubonisa ngokuphandle ubuthathaka bethu njengoko sisilwa ngomthandazo ubunzima bokuba ngumlandeli ka Krestu.</i></p>
<p>...Ukuthetha ngexa kuthulwe</p>	<p><i>ngokukhumbula ukuba singumzimba kaKristu, sibizelwe ukusebenzisa ngokunzulu sabelane ngezinto ezisezintliziyweni zethu nasezingqondweni zethu.</i></p> <p><i>ngokuziqhelanisa nokuphulaphula ngokunzulu ngaphandle kwe-mfihlo nangoku khuthaza iincoko zokuphumela obala kwabantu malunga nesini, ubudlelane nomtshato.</i></p>
<p>...Ukuthathela ingqalelo ubunganga</p>	<p><i>ngoku lumkela iinzame zokulawula abanye ngokukhumbula ukuba nguMoya kaThixo wodwa unokuzisa utshintsho kubomi bethu nobomi babanye;</i></p> <p><i>ngokulandela umzekelo kaKristu wenkonzo novelwano njengokosihamba omnye komnye ekulandeleni indlela yomnqamlezo.</i></p>

Ukuhlalutya:

*Njengoko sicinga ngezi zinto kunye, makhe kwakhona kwingxoxo encinane
siqwalasele indlela le migaoqo okanye eminye, enokusinceda ngayo
ekuzibopheleleni kwethu omnye komnye ebudenibeziseshoni.*

Ukufundisia IBhayibhile kunye

Mateyu 7.24-29

[UYesu wathi] "Wonke umntu osukuba eweva la mazwi am, awenze,
ndomfanekisa nendoda eyingqondi, yona yayakhelayo elulwalwei
indlu yayo. Yehla imivula, yeza imilambo, yavuthuza imimoya,
yagaleleka kuloondlu ; ayawa kuba ibisekelwe elulwalweni. Nomntu



wonke owevayo la mazwi am, angawenzi wofanekiswa nendoda esisyatha, yona yayakhela entlabathini indlu yayo yehla mvula, yeza imilambo, yavuthuza imimoya yabetha kuloo ndlu yawa, saba sikhulu ke isiwo sayo. Kuthe ke xenikweni uYesu ebewaggibile la mazwi, zakhwankqiswa indimbane kukufundisa kwakhe kuba ebefundisa njengone gunyaengafundisi njengabo ababhalii."

Siyibonile indlela abantu abakwesi sicutshulwa abayichaza ngayo imfundiso kaYesu hayi, kuphela 'njengokumangalisa' kodwa 'njengokuba negunya'. Xa sizimisele ukufunda ngento ethile, sifuna ukuqiniseka ukuba umntu osifundisayo uyazi ngokwenene into athetha ngayo. Sifuna abe ngumntu othembekileyo, esinokuthembela kuye ukuba usixeleta inyaniso.

Kubalandeli bakaYesu loo mfundiso yokwenyani ifumaneka kuqala yaye iphambili eBhayibhileni. Sikholelwa ukuba iBhayibhile isinika eyona ngxelo iyinyaniso yokuba ungubani uThixo nokuba singoobani. Ibeka ibali likaYesu njenge likhombisa uthando luka Thixo lokudala ihlabathi nathi kulo. Ibalisa ngendalela uluntu olujika ngayo, kwaye luqhubeke lujika, kude nothando lukaThixo kunye nendlela ihlabathi lonke elichaphazeleka ngayo ngokujika kwethu, isono sethu.

iBhayibhile ingundoqo kubomi becawa. Kodwa ingaba iindlela zayo zokubhala – imibongo, imithetho, imbali, iileta – zinxulumene njani nemibuzo yethu malunga nokuzazisa ngokwe sini, ubudlelwane kunye nomtshato? Sibuqonda njani ubulumko bukaThixo ingakumbi xa budla ngokubonwa njengobudenge ehlabathini (*1 Abase Korinte 1:20-27*)? Imibuzo yethu inxulumene njani nemibuzo iBhayibhile ethetha ngayo ngeelwimi nezithethe ezahlukahlukeneyo zethu?

Ukuphendula le mibuzo kuquka ukuphulaphulana ngenyameko, kwamanye amaKristu aye asazisa ngale nkolo, nakubantu abaye banikela ngobomi babo ekufundiseni iBhayibhile. Siza kufumanisa ukuba amaKristu aziqonda iindinyana ezifanayo ngeendalela ezahlukahlukeneyo, yaye oko kuya kuphakamisa imibuzo ngendalela iBhayibhile emele itolikwe ngayo.

Ingxoxo:

Cinga kwakhona ngevidiyo yale veki ejongene nemibuzo eyahlukeneyo, iimbono kunye neempendulo kwisini somntu:

- 
- *Yabelanani phakathi kwenu ngemibuzo eninayo, uloyiko, iinkxalabo, izinto ezothusayo, kunye namava anxulumene nesini somntu, isini somntu, kunye nobudlelwane besini esifanayo.*
 - *oku kungentla kuchatshazelwa njani yindlela obona ngayo njengoKrestu inkolo yakho kuThixo neemfundiso zeCawe. Oko kuyichaphazela njani indlela obabona ngayo abantu abakuluntu lwe-LGBTQIA +?*

NB: Kubalulekile kule seshoni ukuvumela umntu ngamnye isithuba sokwabelana nokuthetha ngokukhululekileyo nangokuphandle, kwaye abanye baphulaphule kwaye bacinge njengoko oku kusenzeka.

UMTHANDAZO NOKUCINGISISA

Namhlanje niqalile ukwazana. Thabathani ithutyana nibulela uThixo ngani, kwaye nithandazele yonke into eye yavela kwiingxoxo ngexesha leseshoni.

Nantsi umthandazo eninokuyisebenzisa ukugqibezela kunye.:

**Nkosi Yesu,
bhala ibali lobabalo lwakho nenyanso
kubomi babantu bakho
ukuze , ngokukholelwa kuwe,
ihlabathi linga nobomi egameni lakho.
Amen.**

Iseshoni iphela ngoBabalo



ISESHONI 2

Ukuzichaza isini: Ifuthe kubomi bosapho

Injongo zale seshoni zezi:

- ukuqonda kwiBhayibhile umbono novuyo lwenjongo zikaThixo ngobomi bomntu ukuze siwamkele ngokutsha.
 - ukuphonononga imibuzo yesini kunye nokuzazisa isini kubomi benkolo yobuKristu.
 - ukudibana nabalandeli bakaYesu abaneenkolelo kunye namava ngokuphathelele kwisini kunye nokuzichaza ngokwesini okohlukileyo kweyethu inkolo namava.
 - ukuqonda ifuthe lokuphila ngokwahlukileyo kubomi besiqhelo bosapho.
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ISIFUNDO SOKUVULA

*Le ngcamango okanye omnye umthandazo wokuhlanganisana Phambi
koThixo, zinokusetyenziswa:*

Musa ukoyika, ngokuba ndikukhulule ngokukuhlawulela ngentlawulelo.
Ndikubizile ngegama lakho; ungowam.

**Musa ukoyika, ngokuba ndikukhulule ngokukuhlawulela
Ndikubizile ngegama lakho ; ungowam.**

Xa uthi uwele emanzini, ndoba nawe.
Xa uthi uhambe emlilweni , awuyi kurhawuka
Ndikubizile ngegama lakho; ungowam.

Uzuko kuYise nakuNyana
nakuMoya oyiNgcwele.

**Musa ukoyika, kuba ndikukhulule ndakuhlawulela
Ndikubizile ngegamalakho; ungowam.**

isuka kulsaya 43

INTSHAYELELO
UKUTHETHA NGOKUZITHEMBA NOKUKHUPHA ULOYIKO

'Uxabisekile emehlwani am, uhloniphekile, ndiyakuthanda'
Isaya 43.4

Kule seshoni siza kube sicinga ukuba singoobani.

Ngamnye kuthi ngumntwana kaThixo onebali elikhethekileyo lokubalisa. Sisenokuziva siqinisekile ngokubalisa inxalenye yebali lethu: izinto esizithandayo, ukuya esikuthandayo, okanye mhlawumbi izinto esiziphumeleleyo. Kodwa kukho ezinye iinkalo zebali lethu esinokuthandabuza ngakumbi ukwabelana ngazo.

Sisenokukoyika ukuba abantu abayi kuba nomdla koko sikuthethayo okanye baya kusihleka. Mhlawumbi siyoyika ukuba abantu baza kusigweba, basigatye baze basijkele umva kuba bengavumelani okanye bengavumelani noko sikutyhilileyo ngathi. Mhlawumbi sinoloyiko lokuba



siza kuba yingqwalasela engafunekiyo. Mhlawumbi sinoloyiko lokuba siza kucelwa umngeni malunga nobuni bethu kunye nendlela esiphila ngayo ngeendalela ezingenaluncedo nezingavakaliyo, ngabantu abangazange bathathe ixesha lokusazi nokupheleljo.

Kwakhona uloyiko lunokusithintela ekuphulaphulen i umntu ofuna ukwabelana nathi ngebali lakhe. Kungenzeka ukuba sisoyika ukuva ngomntu owahlukileyo kuthi, sisoyika ukuba asiyi kumelana noko basixeleta kona okanye abayi kuyazi into abamele ukuyithetha okanye indlela yokuphendula. Sisenokoyika ukuvuma into esinokucinga ukuba ayilunganga.

Akukho mntu ofuna ukuphila ngoloyiko. Uloyiko lunokusenza sirhoxe kwabanye, sizivalele, ubulolo, kwanokuphelelwa lithemba. Uloyiko lunokusenza sihlasele, okanye singavumi ukubona into eyahlukileyo kweyethu.

Olu hlobo loloyiko lukhulu ngokukodwa xa sithetha ngesini sethu kunye nobuthina bethu. Amanye amaKristu ayoyika kuba iinkolelo zavo ngesini zingadelelwa. Abantu abaninzi be-LGBTQIA + bafumana uloyiko kuba kubuni babo bahlangabezana nobutshaba kunye nokulahlwa. Oku kwenzeka ngaphakathi kuluntu lwethu lwecawe kwakunye nakuluntu ngokubanzi, nakusapho. Maxa wambi, ineziphumo ezibuhlungu. Kuye kwanefuthe elikhulu kwimpilo yengqondo yabantu abaninzi be-LGBTQIA + kwaye kukhokelele nakwezinye iimeko kukuzibulala.

Into echasene noloyiko kukuzithemba nokuzikhusela. Okuvuyisayo kukuba, inkoliso yethu inomntu omnye nokuba babini esiziva sikhuselekile ngokwenene nabo. Ikakhulu oko kungenxa yokuba bayasazi kakuhle kwaye basamkela nje ngoba sinjalo. Xa sisazi ukuba sonke sikhume efanayo akukho, xhala lokuba kukho umntu ongcono kunomnye.

Kwaye oko, yindlela esiqinisekisa, ngayo ukuba sonke singabantwana bakaThixo, sithandwa ngokulinganayo kwaye sixabiseke ngokulinganayo sifuna ukuxolelwa nobabalo. Olu hlobo lokhuseleko lusikhululela ekuben i sibe ngabantu uThixo awasidala ukuba sibe ngabo.

Njengoko singena kwiingxoxo malunga nobuthina, isini, kunye nobudlelwane bothando, sikhumbula ukuba singabantwana bakaThixo abanothando olugqibeleleyo olukhupha uloyiko. Omnye umceli-mngeni wethu kukukhumbula ukuba, ngaphandle kokukhetha, sonke sifuna inceba



nobabalo lukaThixo. Umsebenzi wethu asikuko ukugwebana kodwa ukwamkelana kanye njengokuba uKristu esamnkele.

Ukuhlalutya:

Njengoko siqwalasela le ntshayevelo, ngaba sinokwabelana ngokufutshane ngamava awaziwayo apha uloyiko lwaluthintela amathuba okutshintsha iimeko kanye namathuba okwamkela abany.

Ukufundisia IBhayibhile kanye

Eyona ndlela iphambili yokuba, njengamaKristu, sifumanisa ukuba singoobani ngokufunda IBhayibhile nokufuna ukuphila kwibali layo. Elo bali lisixeleta ukuba singoobani njengoko sizizidalwa zikaThixo, nokuba singoobani kuKristu. Khawuqwalasele esi siBhalo silandelayo ukuze ukuqonde oku:

Wamdala ke uThixo umntu ngomfanekiselo wakhe.

Wamdala ngokomfanekiselo kaThixo, wadala indoda nenkazana.

Genesis 1.27

Le ndinyana iphawula incopho yomsebenzi kaThixo wokudala. Wonke umntu wenziwe ngokomfanekiso kaThixo, kodwa kolumanyano kuyohlulwa phakathi kwesiduna nesikhomokazi. Lo mahluko ukwabalaseliswa kwiGenesis 2 nanguYesu kuMateyu 19. Kungenxa yoko iCawa ngokwembali ibone ubuni bethu bunikwe nguThixo njengobubandakanya umahluko ocacileyo phakathi kwendoda nebhinqa.

Noko ke, abanye abaphengululi babonisa ngezinye izifundo ezahlukileyo. Banokugxininisa ukubandakanya ngaphezu kokwahlula. Okanye basenokugxininisa ukuntsonkotha okunokwenziwa ngala mazwi ombongo. Abanye bangacebisa ukuba 'indoda nebhinqa' zisebenze ngendlela efanayo – zichaza ihlabathi apha kungekhona wonke umntu othe ngqo omnye okanye omnye. UYesu ngokwakhe, emva kokucaphula 'indoda nebhinqa' kuMateyu 19, uthetha 'ngamathenwa', abonakala ehambelana naluphi na udidi - kwaye abanye babona apha ukubhekisela kwabo namhlanje banokuzifumana njenge-intersex okanye i-transgendered.

Khawucinge ngenye indinyana:

***Akusekho mYuda okanye umGrike,
akusekho khoboka okanye ukhululekileyo,***



***akusekho ndoda nebhinka;
kuba nonke nibanye kuKristu Yesu.***
Galati 3.28

Le ndinyana izisa inkcazelo engcono kakhulu kwilinge lethu lokuzichaza, nangona nayo, iveza imibuzo malunga nesini.

Eyona nto iphambili kwicwadi kaPawulos eya kwicawa yaseGalati kukuba iyantlukwano phakathi kwamaYuda nabeeNtlanga ayiseyiyo kuphela echaza ubume bomntu. KuPawulos, eyona nto iphambili kuwo onke amaKristu, umYuda noweeNtlanga, kukuba sonke singabantwana bakaThixo, abantakwabo Kristu, neendalifa zika - Abraham ngokholo.

UPawulos wongeza ezinye izichazi ezimbini eziqhelekileyo nezichaseneyo ezaziwa ngenkululeko nengcinezelo apho akhoyo: 'ikhoboka okanye elikhululekileyo' kunye 'nendoda nebhinka'. Oku akucaci nciam ukuba kwenzeka ntoni kulo mahluko 'kuKristu Yesu'. Ngasinye kwezi zibini zitha thu sibonakala sisebenza ngokwahlukileyo kancinci. Ibonisa okokuba, nangona kunjalo, ukuba 'kuKristu Yesu' kukho ukulingana okutsha, ukulinganisa okutsha, ukuzichaza ubuni okutsha okwabelwana ngabo phakathi kwendoda nebhinka. UPawulos uthi kumaKristu aseGalati – 'kuKristu Yesu nonke ningabantwana bakaThixo ngokholo' (3.26).

INGXOXO:

- *Ngaba ezi zicatshulwa zimbini zezibhalo ziyasincreda ukuba siqonde ngcono indlela achaphazeleka ngayo amava ethu esini somntu namhlanje? 'indlela uKrestu asibona ngayo ' buzichaphazela njani imbono zethu ngesini?*
- *Ngaba kukho unxibelewano phakathi kwezesondo kunye nobuni? Oku kubuchaphazela njani ubudlelwane bakho kunye nembono zabantu be-LGBTQIA +?*
- *Cinga ngevidiyo yale veki malunga nefuthe lokuzazisa ngokwesondo kunye nefuthe layo kusapho: Yintoni ekubetha kakhulu malunga nevidiyo, kwaye singawasebenzisa njani amava osapho ukusincreda sicinge ngempendulo yethu kubantu be-LGBTQIA + kuluntu lwethu, iintsapho, kunye neCawa?*



UKUVALA UMTHANDAZO NOKUCINGISISA

Thabathani ithutyana nibulela uThixo ngomntu ngamnye, kwaye nithandaze kunye ngayo yonke into eye yavela kwiingxoxo ngexesha leseshoni.

ukugqibezela , usenokuthandaza lo mthandazo kunye kabini, kuqala ngoluhlobo:

UKristu mabe nam, uKristu ngaphakathi kwam,
UKristu emva kwam, uKristu phambi kwam,
UKristu ecaleni kwam, uKristu ukuba andenze owakhe,
UKristu ukuba andithuthuzele aze andibuyisele.
UKristu phantsi kwam, uKristu ngaphezu kwam,
UKristu ethe cwaka, uKristu usengozini,
UKristu ezintliziyweni zabo bonke abandithandayo,
UKristu emlonyeni womhlobo kunye nomntu ongamaziyo.

Kwaye emva koko, udlulisela umthandazo kwiCawa, umzimba kaKristu ngokufakela endaweni ka 'yam' isininzi':

UKristu mabe nathi, uKristu ngaphakathi kwethu,
UKristu emva kwethu, uKristu phambi kwethu,
UKristu ecaleni kwethu, uKristu ukuba asiphumelele,
UKristu ukuba asithuthuzele aze asibuyisele.
UKristu phantsi kwethu, uKristu ngaphezu kwethu,
UKristu ethe cwaka, uKristu usengozini,
UKristu ezintliziyweni zabo bonke abasithandayo,
UKristu emlonyeni womhlobo kunye nomntu ongamaziyo.

Isuka kwumthandazo u'Breastplate' ka St Patrick

SESHONI 2

IZIFUNDO EZONGEZIWEYO

(*Ukuze kufundwe phambi kweseshoni*)

UKUZICHAZA, UMTSALANE NGOKWESONDO , KUNYE NESINI

Ukuzichaza ngokwesini

Ngakumbi kunakuqala abantu baye bezichaza njengabatshintsha isini; abangabafazi-ndoda; amadoda-mfazi; abazizo zombini, abangenasini; ngokwendalo baphakathi kwezini okanye abaphakathi kwazo zonke. Sifanele ukuba siqiqe njani ke xa kunje?

Ukuzichaza ngokwe sesini

Okokuqala kufuneka sicinge ngesondo nangokwesini. Kudla ngokuthiwa 'isini' sinento yokwenza nendalo, ngelixa 'isini' esinento yokwenza nenkcubeko kune namava - kodwa akwahluleki lula. Nangokwendalo, isondo libandakanya ii-chromosomes, i-hormone, amalungu esini, kune nezinye iimpawu zomzimba. Ukanti, ezimpawu azisoloko zikho ngokufana kubo bonke abantu, apho ungazi ukuthi libhinqa eli okanye yindoda. Abanye abantu bazalwa neempawu zonke ezinokubandakanya nayiphi na kwezi nkalo.

Igama elithi 'isini' linokusetyenziselwa ngokubhekiselele ukubhekisela kwiindlela uluntu olulindele ukuba abantu baziphatho ngayo njengendoda okanye ibhinqa. Kananjalo, ingasetyenziselwa ukuchaza ubani ngokwendlela yena azibona ngayo yaye akholelwa okokuba uyiyo - enokuthi ngokwayo ibe neengambu yezendalo. Oku ngokuqhelekileyo kubizwa ngokuba 'sisini somntu'.

Ulwimi kule ndawo luyaphikisana. Umntu ozalwe kusithiwa usisini esithile noxa amalungu akhe obuni engakungqini oku angazibiza ngokuba utransgender, okanye 'trans'. Umntu ozelwe kusithiwa usisini esithile abe namalungu akhe obuni ekungqina oko unokuzichaza 'njenge-cisgender', okanye 'cis'. Abanye basenokungayamkeli le ndlela yokuthetha ngesondo nangokwesini, bekholelwa ukuba isini sendalo asinakwahlulwa kwisini ngale ndlela.

Kukho amagama amaninzi asetyenziselwa ukuchaza izazisi ezahlukeneyo zesini. 'I-non-binary' yenze yezona zibanzi. Kuthetha ukuba umntu



akazichazi ngokuba yindoda okanye njengebhinga kodwa unokuzibeka njengomntu otshintsha-tshintshay okanye ongatshintsha-ntshintshiyo. Asizazi zonke izizathu zenzululwazi ezibangela iziphumo ze *ze-trans* kunye *ne-non-binary* okwangoku, kodwa uphando oselukho luchaza okokuba ubuni besini bungachaphazeleka ngamanqanaba e-hormone esibelekweni ngexesha lezigaba eziphambili zokukhulelwa.

Abantu aba-Transgendered badla ngokufumana ukungonwabi ngesini - ngamanye amaxesha ukungakhululeki okukhulu ngemizimba yabo okanye indlela ababonwa ngayo. Umntu o-transgendered unokutshintsha ngokwentlalo ngokutshintsha amagama okanye izibizo kunye nokunxiba ngokwahlukileyo. Utshintsho lusenokuba lunyango, lubandakanya unyango lweehomoni, kunye neendlela ezahlukeneyo zotyando. Ayingabo bonke abantu aba-transgendered abatshintsha ngokwezonyango. Abaninzi abatshintshayo bavuyela ukude babufumane ububona bokwenene. . Kukwakho neengxelo eziolayo ngokwenza utshintsho. Ukuqwalasela oluxinzelelo ngokwesini kubantwana kuntsokothe kakhulu yaye kusekuninzi okusafuna ukuphandwa.

Amazwe amaninzi ehlabathini lonke, kuquka noMzantsi Afrika aseke umthetho wokuvunywa kwesini, owenza ukuba abantu be-LGBTQIA + bamkelwe ngokusemthethweni kwisini sabo. Ngoko ke, oku kwenza ukuba kube nxamnye nomthetho ukucalucalula ngokwesini okanye isini abasabelweyo. Ubomi busenako ukuba nzima kubantu be-LGBTQIA +, noxa kukho loo mthetho. Inani eliphakamileyo lelabantu aba-transgendered abafumana ukuxhatshazwa ngentiyo kwiindawo ezininzi emhlabeni jikelele. Oku kuqhube ka ngakumbi emsebenzini nakuncedo lwe zempilo.

Lo mcimbi umbaxa. Kukho ukutshintshiselana okushushu, umzekelo, malunga nendlela yokukhusela kwingozi kunye nokuphathwa ngokulinganayo kwabafazi abaze lwe njengabafazi kunye nabazitshintshele ekubeni ngabafazi. Ezi ngxoxo mpikiswano kunye nezimvo ezimandla ezivakaliayo zibonisa ukuba kukho imfuneko emandla yokufundisa ngakumbi kuluntu ngokubanzi naseaweni.

Umtsalamane ngokwesondo

Umtsalamane ngokwesondo kukuziva unomdla okanye ubabona benomtsalamane abantu besini esithile. Amagama athi *homosexual, lesbian* kunye no gay asetyenziswa kakhulu xa umntu eba nomdla kubantu besini esifanayo; *bisexual* xa unqwenela kumadoda nabasetyhini kwaye



mhlawumbi kwezinye iindidi zesini; kunye ne-*asexual* xa ungatsaleleki ngokwesondo nakubani na. Abanye bakhetha ukungasebenzisi ukuthi ngumqweno koko bathi njekukutsalekela. Uphando lubonisa ukuba umtsalane ngokwesondo kuphenjelela yimizila yemfuza kunye nezinye izinto zendalo. Kukho ingxoxo mpikiswano entsonkothileyo phakathi kwezi, kunye neempembelelo zentlalo nenkcubeko ezingekaqondwa ngokupheleleyo.

Ukuzichaza ngobuKrestu

Konke oku kunxulumene njani nengxuoxo zethu zokuba ngabalandeli bakaKristu? Lo mbuzo ke awuchaphazeli kuphela iqela le LGBTIA+. Ngumbuzo kuthi sonke. NjengamaKristu, sithi olona phawu lwethu luku Krestu, yaye sonke kufuneka silwe isono nocalu-calulo. Siyavuma ukuba bonke abantu bathandwa ngokufanayo nguThixo, yaye siyakwamnkela okohluka kwethu. Noko ke, sisenokungavumelani ngamava abantu kwiinkalo zesini nesini. Ngaba ziinxalenye yokwahluka kwabantu abadalwe nguThixo ngokomfanekiselo kaThixo? Okanye ngaba ziimpawu zokwaphuka kwaloo mfanekiso udaliweyo uThixo asebenzela ukuwubuyisela?



ISESHONI 3

Ubudlelwane obunothando

Injongo zale seshoni zezi:

- ukuqonda indlela ubuhlobo nomtshato ezinazo ngayo iingcambu zazo eBhayibhileni naseCaweni.
 - ukuphonononga iimbono ezahlukeneyo malunga nobuhlobo, ubambiswano lwaseburhulumenteni kunye nomtshato kwiCawa kunye noluntu namhlanje
 - ukunxulumana ngovelwano nangentlonelo nabantu abaneembono ezahlukeneyo malunga nobudlelwane kunye nomtshato.
-



ISIFUNDO SOKUVULA ISESHONI

Usenokufuna ukusebenzisa esi sifundo okanye enye indlela okanye umthandazo wokusondela phambi koThixo:

*Ndingafanelana ndithetha ngeelwimi zabantu nezezithunywa zezulu,
uthando ke ndingenalo,*

Ndisuke ndaba yixina ehlokomayo, necangci elikhenkcezayo.

*Ndingafanelana ndinabo nobu profeto,
ndizazi iimfihlelo zonke, ndinako konke ukwazi,
ndingafanelana ndinalo lonke ukholo, ngokokude ndisuse iintaba,
uthando ke ndingenalo, andinto yanto.*

*Ndingafanelana ndisamkelisa amahlwempu ngempahla yam yonke,
nokuba ndithe ,
umzimba wam ndawunikela ukuba utshiswe,
uthando ke ndingenalo, andincedi lutho.*

*Uthando luzeka kade umsindo; lunobubele;
uthando alunamona alugwagwisi, alukhukhumali alwenzi okuziintloni.*

*Alufuni okukokwalo kodwa;
alucaphuki alunanzondo;
ayivuyeli ukwenza okubi kodwa luvuyisana nenyano.*

*Luthwala iinto zonke, lukholwa zizinto zonke,
luthemba iinto zonke, lunyamezele iinto zonke .*

Uthando alupheli.

1 Abase-Korinte 13:1-8

INTSHAYELELO

UKUTHETHA MALUNGA NENTLONIPHONOKUVUMA UKUBA NOCALU-CALULO

***'Kwaye lo ngumthandazo wam, ukuba uthando lwenu lumphuphume
ngakumbi nangakumbi ngolwazi kunye nokuqonda okupheleleyo'***

Kwabase Filipi 1:9

Siyaqaphela xa umntu esiphatha ngentlonipho nangobulungisa. Siziva siqondwa. Sikwaqaphela naxa umntu esigweba, esiba nomkhethhe - kuba



bengasazi ngokwenene okanye engasithandi. Enye yezinto ezimangalisayo ngoYesu kukukulungela kwakhe ukwenza abahlobo nokubonisa intlonelo kubantu ababengamaxhoba ocalu-calulo.

Ucalucalulo, lunokusenza sikhetho ukuba ngobani esihlobana nabo. Kodwa uYesu wachitha ixesha kanye namaSamariya odelekileyo kanye nabaqokeleli berhafu, kwaye wayenovelwano, ebamkela naxa oko kwakumenza ukuba angathandwa ngabanye abantu.

Sonke sixhomekeke kumava ethu obomi, ngokufanelekileyo nangokungalunganga. Amaxesha amaninzi sithi singaqondanga, sizifumanise sisenza izigwebo ngabantu ngaphandle kobungqina obaneleyo, okanye esingenabungqina kwaphela. Ngamanye amaxesha oko kuthetha ukuba kukho abantu abangabonakaliyo kuthi. Kananjalo, maxa wambi oku kuthetha ukuba sinabantu esingafuni nto isidibanisa nabo, sikwenza oko siziqonda okanye singaziqondi.

Sihlala sisenza ezi zigqibo ngokujonga kuphela imbonakalo yabantu: yintoni abayinxibayo, zeziphi iimoto abaziqhubayo, okanye loluphi uhlobo lweenwele abanalo, umbala wesikhumba, okanye i-tattoos abanazo. Ngamanye amaxesha, sigxinisa kwiinkolelo ezithile - malunga nezopolitiko, ezenkolo, ukutya okanye imfundo - kwaye sifake abantu kwiibhokisi. Sicinga ukuba siyayazi into abayikholewayo nendlela abaziphatha ngayo. Yaye amaxesha amaninzi siyakwazi ukuwuthelela umkhetho esinawo ngakwabanye abantu nangakuthi.

Ucalu-calulo yinto enzulu. Ubangela ukungabikho kokusesikweni okukhulu ngokuzingisele kwezentlalo, kwezoqoqosho, nangobuhlanga kuluntu lwethu. Ucalu-calulo lungena nzulu xa kusiziwa kwimiba yezesondo, isini, ubudlelwane kanye nomtshato. Kungenxa yoko le nto kufuneka sinikele ingqalelo ebalulekileyo kwisimo sethu sengqondo, siphawula iimpendulo zethu zangaphakathi kubantu abahlukileyo kuthi nabaneengcamango ezahlukileyo kwezethu.

Sonke simenyiwe ebukumkanini bukaThixo ngenxa yobabalo lukaThixo. Akukho ndawo yocalucalulo phakathi kwabantwana bakaThixo. Indlela yobukumkani kukukhumbula ukuba wonke umntu 'wenziwe ngokoyikekayo nangokumangalisayo' (INdumiso 139.14). Sonke sinexabiso elingenasiphelo emehlweni kaThixo, kwaye kufuneka sihloniphane ngokufanelekileyo.



Oko kuthetha ukuba kuya kufuneka since dane xa umkhethethe wethu u bonakala kulwimi esilusebenzisayo okanye izimo zengqondo esizibonakalisayo. Kuya kufuneka siyeke umnqweno wethu wokufuna abanye bafane nathi. Kuya kufuneka sifunde omnye komnye ngendlela uThixo asenza ngayo sonke safana noYesu. Oko kuthetha ukukhangela iindlela uThixo anokusibumba ngazo sibe ngabantu abafana noKristu ngokudibana kwethu nabantu abahlukeneyo kuthi nababambe iinkolelo ezahlukeneyo kunezethu.

Konke kumalunga nobudlelwane

Ubomi buzele ubudlelwane. Sizalwa kubudlelwane kwaye sikhuliswe ngabo. Sichitha ubomi bethu kubudlelwane obungenakubalwa.

Ukucingisia:

Cinga ngabo bonke abantu othi unxulumane nabo apha evekini, ze wandule ukwabelana malunga noluhlu olwahlukeneyo lweentlobo zobudlelwane othi uhlangabezane nazo kolo nxulumano. Kukuncede njani oku ekubumbeni imbono yakho ngokubhekiselele kubudlelwane phakathi kwabantu ngokubanzi?

Ngoko yintoni eyenza ubedlelwane obulungileyo? Eyona nto ibalulekileyo kubudlelwane, luthando.

Ubizo lwethu olusisiseko kumntu ngamnye kukuphila bonke ubudlelwane bethu eluthandweni. UThixo, oluthando, wasithanda yaye yonke indalo yabakho. Ngenxa yoko simelwe kukuba simthande uThixo size nathi sithandwe nguThixo, sithande abanye abantu size sibavumele nabanye basithande, sithande le ndalo siyinxalenye yayo size sifumane uthando lukaThixo ngayo. Uthando yindlela obuthi bupuhle ngayo bonke ubudlelwane.

Uthando lubonakaliswa ngokwahlukileyo kubudlelwane obahlukeneyo. Uthando lomzali nomntwana lwahlukile kuthando phakathi kwabahlobo okanye uthando lwesibini esitshatileyo. Uthando lobumelwane nalo lwahlukile. IsiGrike samandulo sasinamagama awahlukahlukeneyo othando.

ITestamente Entsha igxininisa i-agape, uthando olunesisa noluzinikayo olubonwe kuYesu. Ibonakaliswa ngokuzibophelela kunye nokuthembeka, ekufuneni okona kulungileyo kwabanye, ngokungafaki umdla wokizingca



kuqala. Ayivumi ukuxhaphaza okanye ukucinezela. Ifuna ubulungisa kwabo babekelwe bucala nabangaphathwanga kakuhle. Okukhona sifumana olu thando kubo bonke ubudlelwane bethu, kokukhona siya kukhula ekuvuthweni ngokwethu.

Le ndlela yeBhayibhile yothando iphothwe kubo bonke ubudlelwane obulungileyo. Ubudlelwane obuxhaphakileyo esibaziyo bobo buphakathi kwabahlobo. Uninzi lwethu ubuncinane lunomhlobo omnye olungileyo, mhlawumbi abaninzi. Ubuhlobo buyahluka – kodwa bonke ubuhlobo obuhle buxhomekeke ekubeni bubuyekezwe nakwintembeko phakathi kwabahlobo, kuquka ukudala 'indawo' apho abantu banokuvula iintliziyo zabo omnye komnye.

Ubuhlobo busondele entliziyeweni kaThixo, yaye ubuhlobo nothando bezingundoqo wazo zonke izinto uYesu awayefundisa ngazo kwi mizekeliso. Wahlanganisana ngeenxa zonke kuye abahlobo ababehluke kakhulu omnye komnye kwaye wabafundisa ngendlela yothando. Indlela kaYesu yothando luhlobo lobuhlobo abalandeli bakhe ababizwa ukuba bavakalise kubudlelwane babo bobuqu, ukufaka ebomini beCawa, kunye nokukhulisa kuluntu ngokubanzi.

Ukufundisia IBhayibhile kunye

1 Yohane 4.16

Khawucinge ngale mbekiselo yeBhayibhile:

**'UThixo uluthando, kwaye abo bahlala eluthandweni bahlala kuThixo
kwaye uThixo uhlala kubo'**

La mazwi, akukuqaqambisa umbindi wothando kubo bonke ubudlelwane.

INGXOXO:

- Cinga ngevidiyo yale veki kwaye ucinge ngendlela ebonisa ngayo kunye nokubonakaliswa kwenkcazo kwakhona yobudlelwane kuluntu kunye neentsapho. Cacisa impendulo yakho ngokuqonda, amava kunye nezizathu ukuba kunokwenzeka.
- Ungabuchaza njani obu budlelwane bothando bulandelayo: Umtshato, ubudlelwane phakathi kwabahlobo (amaqabane) abaphila kunye bonke ubomi babo, ubudlelwane phakathi



kwabantu abasisinyi esinye, imitshato yabantu abanesini esifanayo, kunye nobudlelwane phakathi kwabantu abahlalisanayo?

- Ibe yintoni impendulo yethu, kwaye kufuneka siphendule njani (njengoLuntu nanjenge Cawa) kubantu abaphila kolu hlobo lobudlelwane babantu oluyi nxalenye yobuni bethu kwintlalo yanamhlanje?

UMTHANDAZO WOKUVALA NOKUCINGISISA

Bulela kuThixo ngokunyaniseka kwabahlobo, uthandazele nokuba njengabantu bakaThixo singaziwa ngomgangatho wethu ophezulu ekwakheni ubudlelwane phakathi kwazo zonke iintlobo zabantu ezahlukeneyo.

Usenokunqwenela ukuggiba ngokuthandazela omnye nomnye kunye neCawa, kunye nayo yonke into eye yavela kule seshoni.

Usenokukhetha ukusebenzisa umthandazo kaPawulos kwabaseFilipi okanye omnye umthandazo ukuze ugqibe:

**Nako oku ndiya kuthandazela:
ukuba uthando lwenu lube kukhona lumphupuma ngakumbi
nangakumbi
ukwazi okukhulu nako konke ukuqonda okupheleleyo
ukuze nizicikide izinto eziziincamisa, ukuze nibe nokusulungeka,
ningabi nasiwo, nide nise kwimini kaKristu,
nizele ziziqhamo zobulungisa
ezingoYesu Kristu,
nikhangele ekuzukiseni nasekudumiseni uThixo.**

Filipi 1.9-11

IZINTO ZOKUFUNDA EZONGEZELELWEYO ZESESHONI 3

(Kufundwe phambi kzeseshoni)

IIMBONO NGOMTSHATO

ICawa okwangoku iqinisekisa ukuba 'Umtshato lumanyano olusisigxina endoda enye nomfazi omnye, kulahlwa bonke abanye kumacala omabini, ebubini nasebumnandini, de bohlulwe kukufa '.

Nangona ukuqonda kweCawa ngomtshato kuye kwahluka ekuhambeni kweenkulungwane, u-Augustine, owayephila ngenkulungwane yesihlanu, uye waba nem pembelelo ngokukodwa. Wabalaselisa iinkalo ezintathu zokulunga komtshato: ukuthembeka, abantwana kunye nesakamente.

Ezi nkalo ziye zabonakala ngeendlela ezahlukeneyo, kwinkonzo yomtshato yeCawa, kwaye zisabonakalisa unanamhlanje. Ukuthembeka kukwabelana ngobomi eluthandweni. Oku kubonakaliswa kwizifungo 'zokuthanda nokuxabisana' kunye 'nokushiya bonke abanye' de kube sekufeni, kuquka nantoni na engenye obuthi ubomi buze nayo. Imizimba yamadoda nabafazi ineempawu ezithi, xa zidityaniswe kwimanyano yesini, zibe namandla okukhulelwana kwabantwana. UThixo ulungiselela umtshato ukuze abantwana bafumane uthando oluqinisekileyo, ukhuseleko, nokukhuliswa abakufunayo kubazali nakwiintsapho ezibangqongileyo. Asiyiyo yonke imitshato ethi ifumane abantwana, yaye oku kudla ngokuba ngunobangela wosizi olukhulu. Nangona kunjalo, yonke imitshato kulindelwe ukuba ibe nesiqhamo ekuziseni ubomi kwabanye. Kwakhona, iCawa ifundisa ukuba izipho zikaThixo zomnqweno wesondo kunye nokubonakalisa kwawo zifumana indawo yazo efanelekileyo kunye nendawo ekhululekileyo emtshatweni.

Ingcamango yesakamente ivela kwabase-Efese 5.32 apho umtshato uchazwa 'njengemfihlelo enkulu', ebonisa uthando lukaKristu ngecawa. Njengesakamente, umtshato ngumqondiso obonakalayo wenyaniso engabonakaliyo.

Umtshato ubonakaliswa kuyo yonke iBhayibhile, ngeendlela ezahlukahlukeneyo.

KwiTestamente eNdala imitshato yayingoosolusapho, yaye eminye yayisisithembu. Le mitshato yayisandula ukungasekelwa phezu kothando, koko ibifudula isekelwe kwizinto zentlalo okanye ezopolitiko okanye ezoqoqosho.



Bekufudula kungabikho zifungo, kungabikho ntsikelelo, yaye, maxa wambi, kungabikho mvume.

Noko ke, umtshato udla ngokusetyenziswa njengomfanekiso womnqophiso kaThixo noSirayeli. KwiTtestamente entsha, uPawulosi ungqamanisa umanyano oluphakathi kwendoda nomfazi nolo lumphakathi kukaKristu neCawa. Kanye njengokuba uKristu ethanda iCawa kwaye wazinikela ngenxa yethu, ngoko amaqqabane abizwa ukuba athandane ngokuzinikela. INcwadi yeSityhilelo ichaza umbono aphi uKristu nabantu bakaThixo badibana kunye njengomyeni nomtshakazi (iSityhilelo 19:9, 21:9). Ngumbono wokuhlanganisa kwabantu bonke bakaThixo kumanyano olugqibeleyo omnye nomnye noThixo.

Amabali amaninzi eBhayibhile abonisa imitshato eyayikude kunaley i fanelekileyo - kodwa oku akuzange kuthintele ubabalo lukaThixo ukuba lusebenze. UThixo ukho nakwimitshato yethu engafezekanga, kwiimeko eziqhelekileyo, zokwenyama, maxa wambi eziphithizelayo zobomi bethu. Kwanala mavu angafezekanga asinika umfanekiso- ngqondweni wobudlelwane uKristu anab o neCawa. Umtshato awuloziko nje lomntu. Ngumqondiso nendlela uThixo alithanda ngayo ihlabathi.

Kweli lizwe lethu, kwaye ngokuqinisekileyo kulo lonke ihlabathi, bambalwa abantu abatshatayo, kwaye abo bazimanyayo, badla ngokutshata kamva ebomini babo, sele behulile. Ukuhlala kunye ngaphambili, okanye endaweni yokutshata kuyinto eqhelekileyo. Noko ke, umtshato usabonakala unika isithembiso sokhuselwa, ukusondelelana nokunyamekelana, ukukhuselwa ngokusemthethweni nokuxatyiswa ngokwenkcubeko.

Ukususela ngomnyaka ka-2006, apha eMzantsi Afrika abantu abathandanayo abasisini esifanayo bavumeleka ukuba bazimanye ngeqhina lomtshato. Ubudlelwane phakathi kwabantu abahlalisanayo, ubudlelwane phakathi kwabantu abaphila kunye bonke ubomi babo, kunye nemitshato yesini esifanayo ayithathwa njengomtshato kwimfundiso yecawa.

Icawa inqwenela ukwamkela nokubonelela ngenkxaso yobufundisi kubo bonke abantu, nokuba buyintoni na ubudlelwane babo, kodwa ayinazo iinkonzo ezivuniwego zokubhiyozela nabuphi na ubudlelwane ngaphandle komtshato ngokwemfundiso yecawa.



Abantu abaninzi baseTshetshi baxhasa le mbono ngesiseko sokuba umtshato eBhayibhileni usoloko ulumanyano lwendoda nomfazi kwaye ukuba ubudlelwane phakathi kwabantu besini esifanayo abkhuthazwa. .

Abantu abaninzi baseTshetshi baveza ukuba uthando olufana nolukaKristu, lokuzinikela okugqibeleyo luyabonakala kobunye ubudlelwane obuzinikeleyo obuphakathi kwabantu besini esahlukileyo kunye nabo besini esifanayo, kwaye besitsho ukuba kukho iindlela ezahlukenyeyo zokutolika iBhayibhile. Ukungavumi ukuqaphela oku, ngokukodwa ngokunxulumene kubantu abathandanayo besini esinye, nokuba bangamadoda okanye amabhinqa, kudla ngokufunyanwa njengento ebuhlungu kakhulu.

Abaninzi bakholelwa ukuba iCawa kufuneka iqinisekise ubudlelwane obuthembekileyo, obuzinikeleyo besini esifanayo - nokuba kukwintlalo yomtshato , okanye kwenye indlela.

Omnye wemibuzo emikhulu ekufuneka siyiqwalasele ngoku kunye kukuba ingaba umba wobufundisi becawa okanye ukufundisa ngokunxulumene nomtshato kwanele ngokwaneleyo na ukubonelela ngeendalela zokunakekela kwabelusi kubantu be-LGBTQIA + ecaweni naseluntwini.



ISESHONI 4

Ubomi Kunye, ekwahlukeni

linjongo zale seshoni zezi:

- ukucinga ngoko kuthethwa kukuba ngabantu bakaKristu ekukhanyeni kweBhayibhile kunye neenyaniso zokwahluka kunye neyantlukwano
 - ukuqonda ngamava okuphila nemiba yeyantlukwano eluntwini
 - ukuphonononga iindlela zokuqwalasela ukungavisansi ecaweni malunga nobuni, isini, ubudlelwane kunye nomtshato
 - ukuphulaphula kunye ubizo lukaThixo kwiCawa namhlanje
-



ISIFUNDO SOKUVULA SESESHONI

*Nisenokusebenzisa le ndumiso okanye enye indlela, okanye umthandazo,
ukuze nisondele kunye phambi kobuso bukaThixo:*

Khangela indlela elungileyo nemnandi ngayo
ukuhlala kunye ngomanyano.

Kufana neoli exabisekileyo entloko,
ukubaleka kwayo phezu kweendevu,
Kwanakwiindevu zika-Aron,
iqengqeleva emqukumbelweni wempahla yakhe.

Kufana nombethe waseHermon
ubaleka ezindulini zaseZiyon.

Kuba aphi iNkosi ithembisile intsikelelo yayo;
ubomi kude kube ngonaphakade.

iNdumiso 133

INTSHAYELELO ULUNTU OLUBIZWE NGUTHIXO

Ngexesha lokuvalwa kokuhamba kwabantu ngenxa ye-COVID-19 safunda ngokutsha ukuba ngokwenene 'icawa' ayisosakhiwo nje kuphela. Yindawo yabantu bakaYesu Kristu. Yindawo yabantu ebizwa ukuba ibonakalise uthando lukaThixo olukhulu kwihiabathi, uthando oluqulethwe kubomi, ukufa kunye nokuvuswa kukaYesu. Yindawo yoluntu esiyibiza ngokuba yindlela yokuphila ebonisa uphawu lukaThixo olwahlukileyo, ubungcwele bukaThixo. Obu bomi bungcwele bubomi 'bothando lokwenene' aphi onke amalungu asekuhlaleni 'athandana ngokunzulu ngokusuka entliziyweni' (1 Petros 1.22) ngokuthobela nangovuyo: 'Ukuba niyayigcina imiyalelo yam, niya kuhlala eluthandweni lwam' (Yohane 15.10). Ayiloluntu lwabantu abagqibeleyo kodwa ngabantu abaguqulwa babe njengokufana noKristu kuzo zonke iinkalo zobomi bethu. Kwaye ngenxa yokuba kungekho mntu uphila ngokuvisisana nolu bizo, luluntu aphi sinokuvuma khona isono sethu, siguuke kwaye sifumane ukuxolelwa.

Kwaye ngoko iCawa ibizwa ukuba ibe luluntu aphi wonke umntu amkelekileyo, kwaye aphi kungekho mntu wenziwe ukuba azive ekhutshel we ngaphandle ngenxa nje yokuba engubani. Yindawo ebizwa ukuba ilandele umzekelo kaYesu ngokwamkela amahlwempu, ababekelwe bucala, abakhutshelwe ngaphandle, kunye nabadelekileyo.



Le ndlela yokuphila inokuzisa olu luntu kwiingxabano kunye nehlabathi elilijkelezileyo. Asibizelwanga ukuba sizahlule ehlabathini, koko sibizelwe ukuba sinxibelelane ngobomi bethu nangendlela esiphila kunye ngayo, ubuhle namandla othando lukaThixo oluguqula iimpilo zabantu. Kwaye sibizwa ukuba siqonde ukuba iCawa idla ngokusilela ukuphila obu bomi bukhethekileyo. Zonke iintlobo zobomi obungcwele, obungenanceba, obungenaluthando zingafumaneka koko sikuthethayo nesi kwenzayo. Ngoko iCawa ngokwayo isoloko ixhomekeke kwinceba kaThixo, kuxolelo nakuncedo oluguqula iimpilo zabantu. Yiyiphi indlela yokuziphatha, ziziphi iintlobo zobudlelwane, ziziphi iindlela zokuthobela nobomi basekuhlaleni ezibonisa ubuntu nothando lukaThixo? Xa kuziwa kwimibuzo yesazisi, isini, ubudlelwane kunye nomtshato sineembono ezahlukeneyo malunga nezi zinto. Oko akumangalisi kuba iCawa ibonisa ukwahlukahlukana nokuwa kwendalo kaThixo. Ukwahlukana kwethu kubeka uxinzelelo 'kuthando lokwenene lokudibana' – umanyano – nto leyo iCawa ebizelwe kuyo.

Ngamanye amaxesha, olu hlobo lubangelwa kukuba sizabalazela ukuhlala kakuhle nabo bahlukile kuthi. Ngamanye amaxesha kungenxa yokuba sonke sinesono kwaye siziphatha kakubi. Kule mfundiso siye sacingisia ngendlela esenza ngayo ngenxa yokoyika okanye ngenxa yomkhethe; indlela esihanahanisa ngayo, sithetha into enye, senza enye; indlela esisebenzisa kakubi ngayo amandla ethu ngokuvala umlomo abantu; njani, ngokusilela ukuphulaphula, sinokuba singazi ngabanye okanye singabaqapheli.

Kodwa ngamanye amaxesha, kungenxa yokuba asivumelani ngokunyanisekileyo malunga noko uThixo akufunayo. Asivumelani malunga nokuba zeziphi iindlela zobomi, zeziphi iindlela zokuba yiCawa ezilungileyo, kwaye izeziphi eziqhekekileyo okanye ezigqwethekileyo. Amaxesha amaninzi kukho umxube ontsonkothileyo wezi zinto kunye nezinye izinto. Ukwahluka kunomda wezakwalizwi - kwaye ngoko sifumana amaKristu engakwazi ukuqaphela omnye komnye njengamaKristu athembekileyo, okanye sifumana iinkolelo ezahlukeneyo okanye izenzo ezikhokelela ekwahlukaneni phakathi kweecawa.

Ukususela kwimihla yayo yokuqala, iCawa iye yasukela umanyano phakathi kokungavisisani kwayo. KwiZenzo 15, iinkokheli zeCawa ziqonda indlela eya phambili phakathi kokungavisisani okubukhali. KwabaseRoma 14-15 uPawulosi ufundisa 'ababuthathaka' kunye 'nabanamandla' indlela efana noKristu yokuhlala kunye nangona bengafani. Kuzo zonke iimeko,



umthandazo wethu kukuphindaphinda oko kukaYesu kuYohane 17.21, 'ukuze bonke babe ba nye'.

iCawa yaseTshetshi nayo, ukuza kuthi ga ngoku, inembali ende, e ivavanywe kwaye yazama kumashumi eminyaka akutshanje, 'yokwenza yonke imizamo yokugcina umanyano loMoya kwiqhina loxolo' (Efese 4.3). Xa ijamelene neyantlukwano ngesini nomtshato, iCawa yaseTshetshi, ubuncinane ngokuyinxenye, ijongene nemibuzo malunga nalapho imida yokwahluka okwamkelekileyo ifanele itsalwe khona. Iye yazama ukugcina umanyano kunye nokwahluka ngeendlela ezahlukeneyo. I-Lay Anglicans inokungena kubudlelwane besini esifanayo, umzekelo, kodwa ayikwazi ukuba obu budlelwane bu sikelelwe. Abefundisi abakwazi ukutshata neqabane lesini esifanayo, kodwa banokungena kubudlelwane babantu abaphila kunye bonke ubomi babo ukuba obo budlelwane abunako ukwabelana ngesondo.

Abaninzi baye balwa nezi zivumelwano kunye neenzame zecawa zokufumana indlela eya phambili. Kubekho ukungavisansi ngokunyanisekileyo kwamaKristu kunye nokuziphatha okubi. Maxa wambi amazwi avela kumaKristu ayakhuthaza kwabanye kodwa abuhlungu aze ahlukanise kwabanye. Imigaqo ye-Pastoral Care, eye yaxoxwa ngaphambili kule mfudniso yenzelwe ukusinceda sifumane indlela engcono yokuzibandakanya nokungafani kwethu.

AmaKristu aye azi kwasekuqaleni ukuba 'ekuphileni kwethu ngokuvisisana omnye nomnye' sithembele ekulungeni kukaThixo onqwenela ukuba 'kunye [thina] ngelizwi elinye sizukise uThixo noYise weNkosi yethu uYesu Kristu' (Roma 15.5-6). Ngoko sinokuba nethemba elikhulu lokuba kwezi ngxubusho 'sinokuqonda ukuba yintoni ukuthanda kukaThixo – okulungileyo nokwamkelekileyo nokugqibeleyo' (Roma 12.2).

INGXOXO:

Cinga ngevidiyo yale veki kwaye wabelane ngendlela ebonakalisa ngayo uvuyo kunye nemiceli mngeni yokuphila kwiyantlukwano.

- *Icawa kumava nolwazi lwakho iye yajamelana njani neengxabano malunga nobuni, kunye nesini somntu?*
- *lingxwabangxwaba ziye zazisa njani intlungu nenkalabo kwabo baye bajongwa 'njengabahlukile' luluntu ngokubanzi?*



UKUFUNDISISA IBHAYIBHILE KUNYE

UYesu wathandaza la mazwi alandelayo kwiGumbi Eliphezulu ngaphambi nje kokuba angcatshwe aze afe. Kutshanje, oobhishophu abavela kwiCawa yaseTshetshi babbala, 'Ukuba umsebenzi woMoya uza kusikhokelela kwii-vistas ezintsha malunga nokungavisisani kwethu kunye nemibono emitsha malunga nokungafani kwethu, kuya kuba ngokusenza sikhokwazi ukunyuka kwincopho yomthandazo kaYesu kuYohane 17'.

uYohane 17

¹ Emva koko uYesu wayewathethile la mazwi, wakhangela phezulu ezulwini waza wathi, 'Bawo, lifikile ilixa; mzukise uNyana wakho ukuze uNyana akuzukise, ² ngako oko umnike igunya phezu kwabantu bonke, ukuba anike bonke abo umnike ubomi obungunaphakade. ³ Ke obu bubomi obungunaphakade, ukuze bakwazi, ekuphela koThixo oyinyaniso, noYesu Kristu omthumileyo.

⁴Ndikuzukisile

umhlaba ngokuggiba umsebenzi owandinika wona ukuba ndiwenze. ⁵So ngoku, Bawo, zukisani mna ebusweni bakho ngobuqaqawuli endandibufumene phambi kwakho ihlabathi lakho.

⁶'Ndilazisile igama lakho kwabo undinike kunye nabo ubanike lona ihlabathi. Zaziziyakho, wandinika ngazo, zazigcina zakho igama. ⁷Ke bona bayazi ukuba yonke into ondinike yona ivela kuwe; ⁸kuba amazwi owandinika wona ndibanike wona, bamkela nabo bazi enyanisweni ukuba ndivela kuni; kwaye baye bakholelwa ukuba undithumele. ⁹ Ndicela egameni labo; Andiceli egameni le ihlabathi, kodwa egameni labo undinike bona, ngenxa yokuba bengabakho. ¹⁰ Yonke eyam yeyakho, neyakho yeyam; kwaye ndizukisiwe kubo.

¹¹ Ke kaloku andisekho ehlabathini, kodwa basehlabathini, nam ndiza kuwe. Bawo oyiNgcwele, bakhusele egameni lakho onalo bandinike, ukuze babe mnye, njengathi. ¹² Ngelixa ndandikunye nabo,

Ndabakhusela egameni lakho ondinike lona. Ndandibalinda, kwaye akukho namnye kubo olahlekileyo ngaphandle kwalowo umiselwe ukulahleka, ukuze isibhalo sinokuzaliseka.

¹³ Ke kaloku ndiza kuni, ndizithethe ezi zinto ehlabathini ukuze



basenokuthi uvuyo lwam luphelele ngokwabo.¹⁴ Ndibanike ilizwi lakho, nehlabathi libathiyile ngenxa yokuba bengengowakho ihlabathi, kanye njengokuba ndingengowehlabathi.¹⁵ Andikuceli ukuba uthathe baphuma ehlabathini, kodwa ndiyanicela ukuba nibakhusele kulowo ungendawo.¹⁶ Kuba akwenzeki ehlabathini, kanye njengokuba ndingengowehlabathi.¹⁷ Bangcwalise enyanisweni; ilizwi lakho liyinyaniso.¹⁸ A undithumele ehlabathini, ngoko ndibathume ehlabathini.¹⁹ Ngenxa yabo ndiyazingcwalisa, ukuze nabo bangcwaliswe ngenyaniso.

²⁰'Ndicela kungekuphela nje egameni lezi zinto, kodwa nangenxa yabo bayo kholwa kum ngelizwi labo,²¹ ngenxa yokuba bonke basenokuba banye. Njengawe, Bawo, bakum nam ndikuwe, ngamana nabo bangabe kuthi, ukuze ihlabathi libekho kholwani ukuba undithumile.²² Uzuko ondinike lona ndinalo babanikwe, ukuze babe mnye, njengoko singomnye,²³ I kubo nakuwe mna, ukuze babe banye ngokupheleleyo, ukuze ihlabathi lazi ukuba undithumile, wabathanda kanye njengoko undithandileyo.²⁴ Ngoko ke, ndinqwenela ukuba nabo, undinike bona, babe nam apho ndikhoyo, babone uzuko lwam, owandinika lona ngenxa yokuba wandithanda phambi kokusekwa kwehlabathi.

²⁵'Bawo olilungisa, ihlabathi alinazi, kodwa ndiyanazi; yaye aba bayazi ukuba undithumile.²⁶ Ndalazisa igama lakho kubo, ndakwazisa , ukuze uthando owandithanda ngalo lube kubo, nam ndibe kubo.'

Ukucingisia:

- Funda lo mbhalo ngokucothayo, uthe cwaka ucingisia ngento oyimemela icawa ukuba iyenze, njengoluntu olu碌lukneneyo, kweli xesha sikulo. Cinga ngomxholo kunye neengxoxo zeeveki ezidlulileyo, kunye noko kuye kwafika kuwe.
- Umbhalo ukhanyisa njani ngeendlela apho icawa inokuba yimbonakaliso 'yothando olukhulu kunye nobabalo' lukaThixo kuluntu ngokubanzi nakubantu be-LGBTQIA + phakathi kwethu?
- Ukwabelana ngeependulo kunokwenzeka kwabo banqwenela oko, ngaphandle kokuphonononga nokubuza



UMTHANDAZO WOKUVALA NOKUCINGISISA

Nika amakhandlela – ngokwaneleyo kumntu ngamnye kwiqela. Ngenye indlela, ikhandlela elilodwa linokukhanyiswa kwaye libekwe kwindawo esembindini:

Funda eyabase - Efese 4.1-6.

Mema amalungu eqela ukuba abelane nangaziphi na iingcamango zokuggibela njengoko imfundiso isondela esiphelweni.

Vumela ixesha lokuthula uze umeme umntu ngamnye (ukuba akhanyise ikhandlela) ukuba athandaze - ngokuvakalayo okanye ngokuthula - umthandazo wecawa ngokubhekiselele koko ukuve uThixo ekutyhilela ngexesha lale mfundiso.

Lo mthandazo ulandelayo wokuvala uthethwa kunye ukuqukumbela iingxoxo:

**Nika abantu bakho, Nkosi elungileyo,
umoya womanyano,
ukuze sihlale kunye eluthandweni lwakho ,
sisondeze kwihi labathi
amafutha okuphilisa kwakho nombethe wentsikelelo yakho;
ngoyesu Kristu iNkosi yethu.
Amen.**

Abantu bangandululwa ngokwenza uBabalo kunye.



IZINTO ZOKUFUNDA EZONGEZELELWEYO ZESESHONI 4

(Kufundwe phambi kwaseshoni)

Ukungavisansi nokuphila ubomi kunye

Siyibonile indlela iCawa eluluntu olubizwa ngayo ukuba lube yindlela yokuphila ebonisa ubungcwele bukaThixo kuthando olufanayo esinal o omnye komnye, kunye nokwamkela kwethu bonke abantu bakaThixo. Siye sabona ukuba ukuba ngowale ndawo kubandakanya ukwamkela imfuneko yethu yokutshintshwa ukuze sifane noYesu. Kubandakanya ukuvuma, ukuguquka nokuxolela.

Ukwahlukana kwethu malunga nobuni, isini, ubudlelwane kunye nomtshato kuchukumisa zonke ezi nkalo zobomi bethu. Kungumahluko malunga nokuba kuthetha ukuthini ukuphila ubomi obungcwele. Kuyiyantlukwano malunga nohlobo lokwamkela kwethu kunye nendlela oko kunxulumene ngayo nokwahluka kobomi esibizwa ukuba sibophile njengabantu bakaThixo. Kwabanye, oku kwahlukana kungokutolikwa kweBhayibhile nendlela esiliqonda ngayo igunya leBhayibhile. Kwabanye, kumalunga nemibuzo yobulungisa kwanobulungisa.

Inxalenye yobunzima bethu kukuba nathi asivumelani ngokubaluleka koku kwahlukana kwethu. Oku kubangela ukuba sibuze ukuba singaphila na njengecawa ngelia sinokungavumelani ngale miba. Kwaye lo mbuzo ubuzwa kujongwe kumthandazo kaYesu okuYohane 17 apho athi uYesu, 'ukuze babe banye njengoko nathi sibanye' (Yohane 17.22).

Kunokunceda ukucinga ngeentlobo ezintathu ezibanzi zokungavisansi. Kuhlobo lokuqala, amanye amaKristu alumkisa amanye ukuba aphikisana neendaba ezelungileyo zikaYesu okanye imfundiso yeBhayibhile. Kweyesibini, umahluko ubonwa njengongaphantsi kakhulu, kodwa use bukhali ngokwaneleyo ukwenza ubomi kunye nokusebenza kunye njengecawa enye kube nzima, mhlawumbi akunakwenzeka. Kweyesithathu, amaKristu asajongana njengento ephosakeleyo, kodwa amkela oku njengetlukwano enokubanjwa ngaphakathi kobomi okwabelwana ngabo becawa.

AmaKristu ahlukaneyo anokubeka ukungavisansi malunga nobuni, ubudlelwane kunye nesini kuyo nayiphi na kwezi ndidi. Ukwenza izinto zibe nzima ngakumbi, amaKristu amabini angavumelana malunga, yithi, umtshato wesini esifanayo kodwa emva koko angavumelani malunga



nendlela enzulu ngayo ukungafani kwabo kunye namaKristu abamba ezinye iimbono. Oko kunokuba yinyaniso nokuba bayavuma okanye abavumelani nokwenzeka ukuba izibini ezifanayo zesini zingene kumtshato wamaKristu. Ukwazi la manqanaba ahlukeneyo okungavisansi kunokusinceda sive size siphendule ngcono omnye komnye.

'ICawa yaseTshetshi iyinxalenye yeCawa enye, eNgcwele, yamaKatolika kunye nabaPostile'. Njengoko sifuna indlela eya phambili, sibizela ingqalelo kwezinye iicawa zasekuhlaleni nakumazwe ngamazwe. Njengamalungu omzimba omnye kaKristu, asinakuthi kwelinye ilungu, 'Andikufuni nganto' (1 Korinte 12.21). Endaweni yoko kufuneka sikulungele ukucelwa umngeni, ukubuzwa, ukukhuthazwa, ukukhanyiselwa kunye nokumangaliswa ngamanye amalungu omzimba kaKristu.